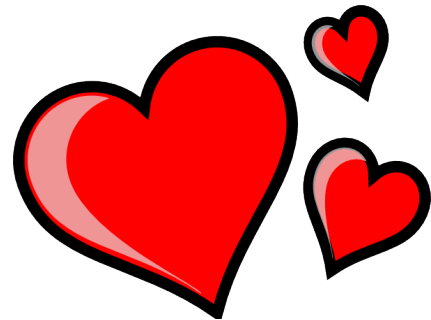




Session 1



Today we ended our group by sharing what we love about our children.

SO...

EVERY DAY, please remember to:

**Find ONE thing to tell your child he/she did well
OR
something you appreciate!**

Tell your child *exactly* what you liked & why

“I liked that you did what I asked you to do right away! That was excellent?”

“I love you very much. You are special to me.”

“I saw you helped your brother. I bet you feel proud!”

Write it down on cut-out paper hearts & give your “love note” to your child at the end of each day!

**We can't wait to hear how well you did and how your child responded!
Tell us at the next group!**